

# SANDUNIKA MADHUMANI WEERASINGHE

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## PROFILE

A committed professional Health Care Assistant with a strong sense of accountability, drive, and high-quality care to clients. An individual who qualified with **QQI level 5** skilled in personal care, mobility support, administrating daily tasks maintaining independence, ensuring client’s mental, physical and emotional wellbeing. I'm currently seeking to contribute my ability in caregiving role to help older people within Ireland’s healthcare system.

## EDUCATION

- The Certificate in Healthcare Support (**QQI Level 5**) 09/2024
- The Certificate course in Caregiver (**NVQ LEVEL3**) 03/2024
- MBA in project Management Dublin Business School (Reading)
- BSc General – Chemistry, Microbiology, Zoology (University of Sri Jayewardenepura, Sri Lanka – 12/2019)

## Skills

- Empathy
- Compassion
- Responsibility
- Adaptability
- Communication

## Interest

- Cooking
- Gardening

## Language

Fluent in English

## WORK EXPERIENCE

### HEALTHCARE ASSISTANT

#### Hibernia Home Care -Ireland

Feb 2025- Present

- Assist clients with personal care (bathing, dressing, toileting, etc.).
- Support clients with mobility and transferring (bed to wheelchair, etc.).
- Provide companionship and emotional support.
- Help with meal preparation and feeding, ensuring dietary requirements are met.
- Perform light housekeeping (laundry, cleaning, bed-making).
- Monitor and record vital signs, reporting any health concerns to supervisors.
- Assist with medication reminders and Promote independence and dignity in client care.

#### Home Instead- Ireland

Jul 2024- Feb 2025

- Provided daily care for an elderly client, including assistance with personal hygiene, dressing, and mobility.
- Prepared nutritious meals tailored to dietary restrictions and preferences, promoting overall health and wellness.
- Performed light housekeeping duties, maintaining a clean and safe living environment.
- Offered companionship and emotional support, engaging in meaningful conversations and activities to improve the client’s quality of life.

#### Sujatha Elder’s Home- Sri Lanka

Jan 2024 - Apr 2024

- Monitored and recorded vital signs, reporting any changes or concerns to healthcare professionals promptly.
- Performed elderly care, prepare meals, perform housekeeping duties and enhance client mental, physical, emotional wellbeing.
- Administered medications and managed medical appointments, ensuring compliance with prescribed treatment plans.

#### EXECUTIVE- MAS INTIMATES PVT(LTD)

Sep 2021 - Dec 2023

- Maintain the required quality standards on physical and digital quality of garments.
- Engage with relevant stakeholders to explore, experiment, identify, implement, and monitor standards.

## References

Lisa O’Brien  
Recruitment Executive  
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